

Comment



Journalists call this time of year ‘the silly season’. Parliament is not sitting, people are on holiday, in the main there is nothing happening. Even if there is there aren’t many politicians to question about it. Something for which they are all grateful, I am sure.

Of course, this year there seems to be lots going on: still a war in Ukraine, heatwaves and drought, (at least if you live in the south). As if that were not enough a cost of living crisis with inflation at a level that many people will not have seen in their lifetimes.

As teachers, our problem is the effect this might have on our classes. Even if venues do not increase prices to cover rising energy costs, students, some of whom will be away on holiday right now, may be reluctant to return especially if we, in turn have to raise fees to cover. For some of us there is a day job to pay the bills so the problem should be minimal but many of you who are running classes as a source of income will suffer. We need to hope things will settle down in the autumn but I have not seen any proposal from the government that made the slightest sense. Shaking the magic money tree can only ever work in the short term.

On the up-side, for tai chi people there should be lots happening right now. 2022 is the first full year since 2020 that we have been able to get together without breaking the law. Classes are meeting again and we can do partnerwork, full-contact, some proper training. The weather means that we can practise outside, (not forgetting the sun-screen.) And teachers are able to hold workshops.

In this edition we are reporting on Tai Chi Caledonia, back after a two-year break. Suse Coon reports for TCC&IA. It seems that it was a great event and, as always, there was international attendance. We have a lot of other good stuff this month: tai chi combat reveals the need for the right attitude and the right training. My original master moved over from shaolin to tai chi and boy could he fight. And if you are looking for a new spiritual experience how about walking the labyrinth? Don’t worry about your claustrophobia, it is all above ground.

And from the regulars Marnix Wells discusses the various tai chi styles while Gordon Faulkner concludes his history of qigong and Peter Deadman discusses spirals in qigong.

John Roper

TAI CHI CHUAN & INTERNAL ARTS

Is published by The Tai Chi Union for Great Britain C.I.C

Editor: John Roper **Assitant Editor:** Suse Coon **Production Assistant:** Jo Roper

Board of Directors

Mark Peters: Chair, Marnix Wells,
Chris Thomas: Vice Chair, Tina Faulkner Elders,
Wes Mollison, Jane Launchbury,
Betty Sutherland, Ben Morris

Membership Secretary & Treasurer: Aileen Cromar Mandic

Editorial address: 14 Greenstead Gardens, Woodford Green IG8 7EX
editor@taichimag.org 07967 666794 www.taichimag.org

Copyright © 2022 The Tai Chi Union for Great Britain C.I.C www.taichiunion.com